

## South Wales Police Presentation



In February 2011 the Service User Group gave their presentation to the South Wales Police at Cardiff bay.

The Service Users had a lovely time and asked if they could visit again next year!

We would like to say a big thank you to Kris the Police Training Officer who invited us to attend the police station. We are hoping to visit them again and have a tour of the police station.

# Summer Stories



Some of our group went to Roath Park for the afternoon over the summer.

We took a walk through the gardens and had a coffee by the lake. Thanks to everyone who came.

We've all had a very busy summer. Janice has moved house and is happy in her new home. Sandra has been on a 40 mile bicycle ride! John and Simon have been planning their holidays to Barbados and London. Margaret has been busy networking and making fundraising plans. Mike has redecorated his room and Veronica has won many bowling competitions. Finally Mikey had his birthday party!

## Summer BBQ

WANTED!  
Do you know  
this man?



In the summer we had a BBQ in Spectrum in Fairwater. It was great we had a magnificent time and the food was nice. And best of all the sun was shining!

We wanted to say thank you to the staff at AMW for organising the BBQ and Huw for cooking all the sausages!

# Porthcawl Presentation

On Wednesday 22nd June, Margaret, Mikey, Janice, Jo Rox, Jo Borja and Nia went to the Hi-Tide Inn on the sea front in Porthcawl. They gave a presentation and workshop about Advocacy Matters to tenants and staff at Opportunity Housing Trust in Rhondda Cynon Taf. Everyone had a good time.

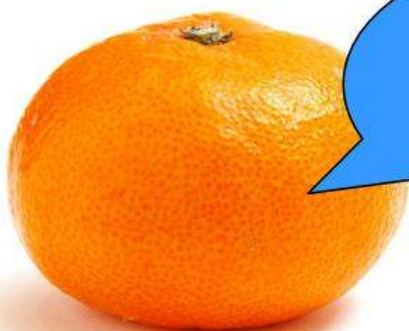
Report by Janice



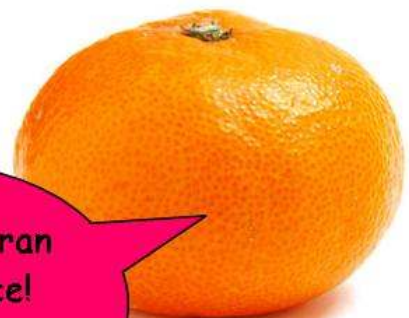
# Coffee Mania

The SUG recently held their meeting at Coffee Mania in Cardiff Bay.

Even though the weather wasn't the best we really enjoyed it and we got to meet Pudsey Bear!



Why didn't the orange cross the road?



Because it ran out of juice!

# Hello and Goodbye!



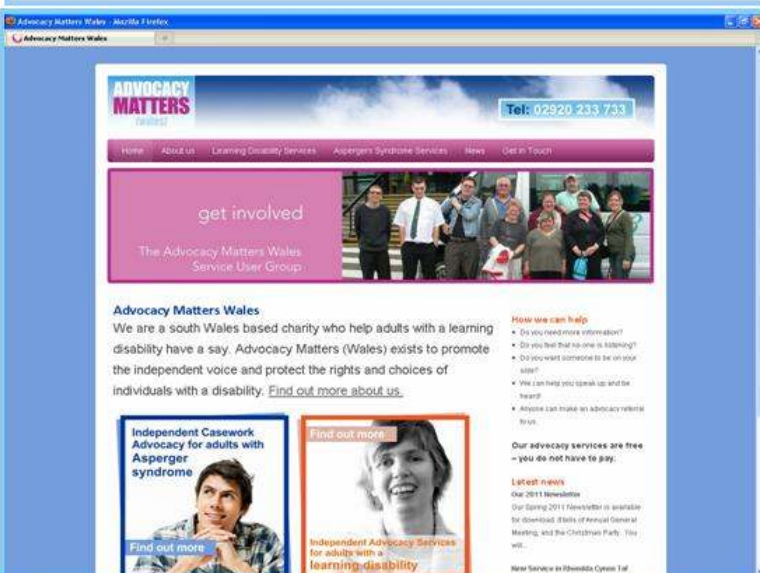
Hello to Judith  
our new advocate  
who started in  
August.

Goodbye to Sarah,  
our Taking Part  
Worker who has  
moved to Cornwall.  
We wish her well!



## News Update!

Check out our new Website



A BIG thank you from AMW staff and Trustees to the Service User Group for all their hard work on the DVD. You have reached Australia! Jacqueline Parmenter (Teacher Community Services) from The Hills College, Australia sent us an email saying...

just wanted to give you some feedback about your fantastic YouTube videos!! I have been using them regularly in my classes to train disability support workers in Sydney, Australia. They give great examples of advocacy, inclusion and empowerment for people with disability.

Thanks so much for developing such a great teaching tool!!!!

Don't forget its our AGM on Friday 25th November at the Mansion House, Richmond Road, Cardiff at 10.30 all welcome!

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